

help! First Steps

Highnam community centre trust, Newent Road, Highnam,
Gloucester, GL2 8DG

18th January 2012, 10 am – 2.30pm

Refreshments will be provided but please bring your own lunch

About the help! first steps parent seminar

help! First Steps is a one day Family Support Seminar which provides information and advice to parents and carers of children aged between 5 and 11 who have received a recent diagnosis of autism.

How will the seminar support families?

The seminar will support families to;

- Develop an understanding of autism
- Discuss experiences of getting a diagnosis
- Identify how autism can affect families
- Explore practical ideas for developing communication strategies
- Clarify support that families may be entitled to and ways to access this
- Provide a help! resource pack of information

Families seminar – Normally £30 per two family members

****Free to families of a child with a diagnosis of autism due to funding gained by the NAS through the Jack Lane Charitable Trust****

help! First Steps is delivered by experienced and trained professionals of The National Autistic Society (NAS).

Contact us

For further details of forthcoming seminars and to book a place contact;

The Family Support Programme

Tel: 07425 624 592 (normal call charges apply)

Email: help@nas.org.uk

Website www.autism.org.uk/help!