



Young Carer's Charter

We are children and young people who are also carers. We believe we should have the same rights as other children and young people, including the rights to:

- **Be children** as well as carers.
- Schools and colleges that give us the **help we need** to get an education.
- **Fun, friends & time off** from caring.
- Family life with **well supported parents**.
- Practical **help and support** so that we don't have to do all of the caring in our homes.
- A safe environment and protection from harm, including any harm that **caring activities** could cause us.
- Services that **value our different backgrounds**, cultures, religions, races and sexualities.
- Be **listened to** and supported by the people who support our parents and siblings.
- An **assessment** of what we need as individuals, without any assumptions being made about us.
- Be listened to and **involved** when people make decisions, which affect our lives.
- **Information** about the health problems that we see our family members experiencing.
- Advocacy and complaints procedures **which we can understand and which work**.
- **Stop** taking on caring roles when we wish to, and **move on** and become adults.

Herefordshire
Young
Carers





Young Carer School Policy

SCHOOL NAME:

We believe that all children and young people have the right to an education, regardless of their home circumstances.

That is why we have adopted our young carers policy so that we will be able to relieve some of the worries which young carers may have about home and their school work.

Our school will:

- Designate a member of staff to have special responsibility for young carers.
- Make sure all the pupils in our school are aware of who is the designated teacher for young carers. **This is outlined on our young carer school poster.**
- Run a session on the challenges faced by young carers in PHSE lessons.
- Be sensitive towards young carers' needs - they don't always want their peers to know.
- Give information to the young person about young carers and what advice and support is available.
- Pass information on to relevant colleagues i.e. form tutor/year head with the consent of the young carer.
- Liaise with appropriate agencies i.e. local Young Carers Project.
- Look at alternatives if a young carer is unable to attend out of school activities e.g. detention, sports coaching, concerts, due to their caring role (this will be discussed sensitively with the pupil and their parents).