

USEFUL NUMBERS THAT YOU MIGHT LIKE TO KEEP...

Herefordshire Young Carers	Support for children and young people under 18 who help care for someone who is ill or has a disability	01432 356068
Herefordshire Early Years and Extended Services	An independent, confidential service providing information and guidance on a full range of children's and family topics	01432 261681 www.hereford-edu.org.uk/childcare
Herefordshire Council Children's Centres Offering a range promote the welfare of children and their families by offering a range of integrated and accessible services in the community.	<p>Green Croft Children's Centre (01432) 271693 Springfield Children's Centre (01432) 261730 South Meadow (Hollybush) (01432) 269437 Widemarsh Children's Centre (01432) 383430 Kington & Coningsby Children's Centres (Leominster) (01432) 383340 Ryefield & Golden Valley Children's Centres (01432) 260700 Ledbury Children's Centre (01531) 637810 HOPE Family Centre (01885) 488495 Further Children's Centre's are being developed. For more information, please ring (01432) 261681.</p>	
Herefordshire Citizens Advice Bureau	Free, confidential, independent, impartial advice on a number of topics	0844 826 9685 or www.adviceguide.org.uk
West Mercia Women's Aid	A 24-hour help line offering information, advice and support and access to safe accommodation	0800 783 1359
The Kite Centre	Specialist support for children and families affected by severe disabilities or chronic illness	01432 373940
Leaving Money By Will	Mencap guide to leaving money to someone with a learning disability - securing their future	02076 966925
Marches Family Network	Offer holiday play schemes, also weekend and after school care and whole family support	01568 614908
Parent Partnership Service	To provide parents with neutral information, independent advice & support within the Special Educational Needs system	01432 260955
Acorns Children's Hospice	A charity caring for life limited children, from birth to 19 years of age, and their whole family	01905 767676 www.acorns.org.uk

The Child Bereavement Charity	Support and information for children and parents who've lost a family member, as well as signposting other services, national and local	01494 446648 www.childbereavement.org.uk
Contact - A - Family	A national charity offering information and support to families who care for disabled children	0808 808 3555 www.cafamily.org.uk
Welfare and Financial Assessment Team	Information and assistance on claiming benefits, including Disability Living Allowance , which is a paid to all, (i.e .non means tested) including children who have personal care, supervision or mobility needs	01432 363756
Blue Badge Scheme	You may be entitled to a Blue Badge parking disc	Herefordshire Council Information Centres
Herefordshire Council Information Centres	Information Centres provide a 'one' stop service for a wide range of Council services.	01432 260500 info@herefordshire.gov.uk Centres are located in Hereford, Bromyard, Kington, Ledbury, Leominster & Ross-on-Wye
Internet information www.direct.gov.uk/en/caringforsomeone		This Government web page has useful Caring information and a section on disabled children
Herefordshire Home start	Through a network of trained parent volunteers Homestart supports of parents who are struggling to cope.	01432 371 212
National Autistic Society	The website includes information about autism and Asperger syndrome	www.nas.org.uk
Herefordshire Mencap	www.herefordshiremencap.co.uk 01885 400379 or Helpline 0808 808 1111	
Attention Deficit Disorder Association	Useful information and resources	www.add.org
Common Assessemnt Framework (CAF) Implementation Team	The Common Assessment ensures that a child/young person with additional needs only has to tell their story once. A lead professional will be one point of contact and co-ordinate a family support plan.	01432 260885
Herefordshire Carers Support web site:- www.herefordshirecarerssupport.org We have added a further list of useful websites, if you do not have access to the internet then please phone us on 01432 356068 for a copy.		

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